

# SCOTS Regimental Association

We welcome news of events happening in Scotland, across the Battalions & Veterans community for the interest of our serving soldiers & veterans.

## Wanted – Volunteer Case

Workers SSAFA are recruiting

# ssafa

volunteer case workers in the Borders area.

— the — The type of person they are looking for does not need to have been in the Armed Forces. Ideally, it's someone with an empathetic response to people in need, whether they require financial support, welfare assistance or just a friendly face to chat to.

If you're young at heart & computer literate, you are just what they need.

This is not onerous, requiring a great deal of your time – you may be asked to take on 5 cases a year. Satisfaction comes from being able to help people & full training is given before you start. The position is voluntary, but they do pay motor mileage. If you are interested contact 01361 883 335

[Neil.Stevens@Borders.ssafa.org.uk](mailto:Neil.Stevens@Borders.ssafa.org.uk)

Confidentiality & Data Protection compliance are key.



## Bulletin 4

### March

18 & 19 Mar – Free Mental

Health First Aid course -

Fraserburgh 0131 550 1557

[gethelp@poppyscotland.org.uk](mailto:gethelp@poppyscotland.org.uk)

20 Mar - SCOTS Officers Dinner

26 March - RSMs Convention

28 Mar - Military History Day at Edinburgh Castle

### May

8 May Legion Scotland's VE75

Veterans Parade Edinburgh

Legion Scotland is

coordinating a VE75 parade &

concert in Edinburgh on 8 May

1030 - Veterans' breakfast in

The Royal Scots Club

1130–1215 Parade St Andrews

Sq to Ross Band Stand

1230–1500 Concert

Contact Brian 0131 550 1562

[b.ward@legionscotland.org.uk](mailto:b.ward@legionscotland.org.uk)

## Fishing for Forces

Lochlane & Laggan

Fishing has riparian

rights over a two and a half mile stretch of the River Earn

between Comrie and Crieff. With

32 named pools. Fishing is for

Salmon, Sea Trout & Brown

Trout. There are 4 beats, each

beat providing space for 3 rods

which rotate daily. Rods are now

offered to members of the Armed

Forces & Veterans for a one off

fee of £25pp 13 Jan–26 Oct.

Dr Simon Wright 01764 662 682

[operations@lochlaneandlaggan.co.uk](mailto:operations@lochlaneandlaggan.co.uk)



## Some useful contacts...

### ABF The Soldiers' Charity

Raises money to support all serving soldiers & veterans in the UK. [scotland@soldierscharity.org](mailto:scotland@soldierscharity.org)

### Veterans First Point (V1P)

peer-to-peer talking therapy.

<https://www.veteransfirstpoint.org.uk/>

**SSAFA** supports veterans & their

families. 0131 557 1697

<https://www.ssafa.org.uk/scotland>

**Combat Stress** - the UK's leading

veterans mental health charity, &

24hr helpline. 0800 138 1619

<https://www.combatstress.org.uk/>

**Legion Scotland** – offers help,

advice & contacts 0808 800 1007

<https://www.legionscotland.org.uk/>

**Fares4Free** - Sometimes the first

step to beating loneliness &

isolation, is a friendly face & a lift.

[https://www.fares4free.org/how-](https://www.fares4free.org/how-we-can-help/)

[we-can-help/](https://www.fares4free.org/how-we-can-help/) 07708 299399

**Poppyscotland** 0131 557 2782

Now offers a new Welfare Service

<https://www.poppyscotland.org.uk/>

**Armed Forces Breakfast Clubs**

Find a club near you for a cuppa &

a chat. <https://www.afvbc.net/>

# STAND EASY

productions

## Have you served in the Armed Forces?

ARE YOU WOUNDED. INJURED. SICK OR HAD DIFFICULTIES WITH TRANSITION? FEEL ISOLATED? NEED A CHALLENGE?

## Would you like to do something different?

We are looking for a small group of 8 Former Service Personnel to take part in a performance project between Mon 11th May and Fri 5th June 2020. No previous experience required. Spouses or partners are welcome.

You will have time to get together as a group, learn skills and then make up and perform a play based on stories relevant to your experience. There is also the opportunity to work with film.

## WHY?

This is about re-acquiring self-confidence, about engaging with others and about expressing yourself. The process is challenging but good fun, and it has brought about real changes in the lives of previous participants.

## Where?

Dundee: Travel, accommodation and expenses can be provided for those living further afield

Who: Contact Alan Cameron for further information

Tel: 01333 278 853

Email: [standeasyproductions@gmail.com](mailto:standeasyproductions@gmail.com)



[www.standeasyproductions.org](http://www.standeasyproductions.org)

## Stand Easy Productions

8 ex-Forces needed to in Dundee on 11 May–5 June to devise a play about 'Respect' "We are not looking for acting skills or experience."

Spouses or partners welcome. Alan Cameron 01333 278 853.

[standeasyproductions@gmail.com](mailto:standeasyproductions@gmail.com)

[www.standeasyproductions.org](http://www.standeasyproductions.org)

Welfare Office RHQ SCOTS The Castle Edinburgh EH1 2YT. OPEN 0800-1630 MONDAY- FRIDAY  
MAJ NORRIE MACKINNON 0131 310 5090 | BRYAN DICKINSON 0131 310 5043

## MY JOB SCOTLAND

<https://www.myjobscotland.gov.uk>

### Countryside Technician –

Dundee Ref: ANG02712

£19,240 36.25hrs **Closes 13 Mar**

Responsible for development projects & maintenance work programme to support the conservation of ANGUSalve's Countryside Adventure sites.

**Required:** A friendly outgoing personality, the ability to use your initiative & teamwork.

Adaptable, resilient, innovative & enthusiastic, hardworking & willing to learn.

**Estate Officer** (4 Posts) – North Lanarkshire Ref:NLA04980

£18,680+ 37hrs **Closes 11 Mar**

To provide a reception service to service users: basic assistance to residents, undertake cleaning duties & control access to the building. Flexible approach to dealing with a client group who may have mental health & substance abuse issues.

**Required:** Caretaking, cleaning or security experience essential as is experience working with the public. Knowledge of CCTV systems, cleaning machines & cleaning agents *desirable* but full training provided. Outdoor work. Ability to undertake manual handling/heavy lifting & assist tenants & public at all times. Driving licence *desirable*.

### Facilities Management Officer

– Glasgow Ref:GLA06033

£28,275 35hrs **Closes 8 Mar**

Glasgow Life. Responsible for management of contractors, maintenance, ad-hoc repairs and cleaning in a range of properties. To specify/ brief & manage building fabric & M&E repairs while liaising with contractors to deliver works on time/to budget/to specification.

**Required:** Technical or building related qualification. MS Office skills. Driving licence & access to a vehicle insured for business use. Good communication & problem solving. Knowledge of Health & Safety, Legionella & Asbestos good practice & legislation. Able to prioritise to meet deadlines. Excellent customer service skills.

### Area Estates Officer Trainee –

Grangemouth Ref:FLK06028

£23,092 **Closes 6 Mar.**

### Parking Attendant –

Kilmarnock Ref:EAY04197

£19,317 **Closes 6 Mar.**

### Transport Development

**Officer** – Kirkintilloch

£32,027 Ref:EAD03548

**Closes 3 Mar**

### Useful links for job hunters

<https://www.myworldofwork.co.uk/>

take a visual test to find your career path, create a CV & apply for jobs not available elsewhere.

<https://www.myjobscotland.gov.uk/>

Advertises all local authority jobs throughout Scotland.

<https://civilservicejobs.service.gov.uk/>

- All Government jobs

### CIVIL SERVICE JOBS

<https://civilservicejobs.service.gov.uk/>

### Head's PA Queen Victoria School

– Dunblane Ref:29900 MoD

£19,911 37hrs **Closes 8 Mar**

To assist in the smooth running of the school, communicating key information in a timely manner. Day-to-day dealings with staff, parents & pupils. Managing diary, filing, email & travel. Dealing with enquiries.

**Required:** Good communicator able to demonstrate adaptability & flexibility to navigate through ever-changing circumstances of school life. Acting in accordance with MOD & the school values.

### Information Systems

**Administrator** Ref:36082

£19,911 **Closes 6 Mar**

**House Matron** Ref:36257

£18,540 **Closes 15 Mar**

**Housekeeper** Ref:35083

£16,336 **Closes 5 April**

### HMS NEPTUNE Swimming

**Pool Manager** - HMNB Clyde

£23,980 **Closes 9 Mar**

Ref:42986

To provide the safety cover required to enable the pool to be fully utilised; allowing increased opportunities for personnel to undertake swimming & water based recreation activities.

**Required:** Enhanced PVG/ Disclosure. National Pool Lifeguard Qualification (NPLQ) COSSH/Risk Assessor qualified.

### Receptionist/Front Of House

**Assistant** (A3) (IRC81328 E)

Edinburgh Ref:41177

£19,314 **Closes 10 March**

National Records for Scotland.

First point of contact for visitors: Reception/switchboard /Issue of passes/Ensure everyone has the correct pass on display at all times within the building.

Escorting visitors. Issue/log keys to meeting & conference rooms.

Assist set up of meeting rooms.

Issue car park passes/maintain register of staff vehicles & patrol car park to ensure passes are displayed.

**Required:** Team work. Good customer service skills. Excellent organisation & communication.

### E1 Administrative Officer

MoD - Leuchars

£19,911 **Closes 15 Mar**

Ref:42439 Medical Centre

Defence Primary Health Care.

To provide efficient & effective admin support to the clinical team focusing on the smooth running of clinics along with leadership qualities to support & deputise for the Practice Manager. **Required:** MS Office. Strong people skills.

### Security Operations & Identity

**Manager** - Glasgow

Office of Gas & Electricity

Markets (OFGEM)

£43,650 **Closes 16 Mar**

Ref:41925 To lead on security assurance & risk management for corporate info systems.

Responsible for security systems: Firewalls, anti-virus, vulnerability scanners for security events, web gateway, deep discovery inspection, & IDS/IPS. Able to deliver expert guidance on Cyber Security.

**Required:** Experience of design/implementation & maintenance of network security systems; Knowledge of security technologies, identity & access management systems. Highly effective team manager – able to grow & develop the skills & capacity of colleagues. Excellent communication skills & the ability to engage with senior, non-technical audiences will be key.